



Lions Club of Burnham



# Wellbeing Day

14<sup>th</sup> September 2019

Burnham Park Hall

10am to 2.30pm

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*FREE drop-in Event    Join us to improve your Family's Wellbeing!*

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**Exercise – Arts – Crafts – Health Information – Walking Football**

**Hearing Dog Demonstrations**

**Brownies providing Refreshments**

Sponsored by Burnham Parish Council, Burnham Chiropractors and Oakwood Estates